



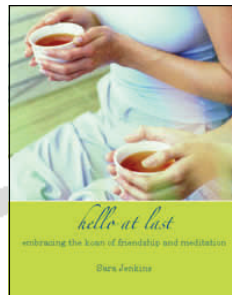
## DEVELOPING BUDDHISM

### *Buddhism & Relationships*

#### **Hello at Last**

By Sara Jenkins

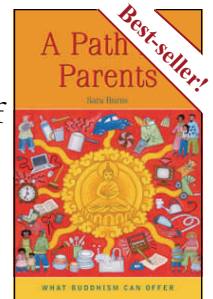
An experienced Zen student under Cheri Huber, the author uses simple practices and exercises to show how to bridge the gap between meditation and social interaction.



#### **A Path for Parents**

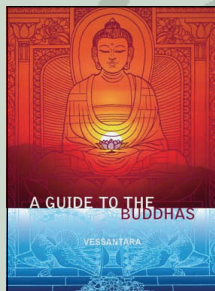
By Sara Burns

An honest and accessible account of how parents can grow spiritually while raising children.



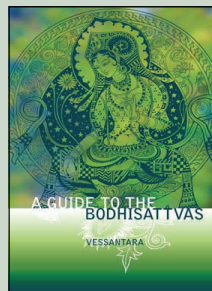
#### **A Guide to the Buddhas**

By Vessantara



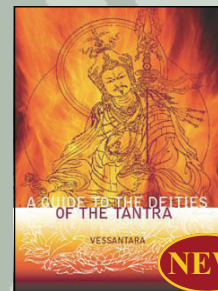
#### **A Guide to the Bodhisattvas**

By Vessantara



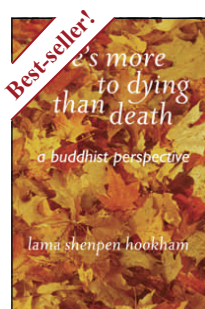
#### **A Guide to the Deities of the Tantra**

By Vessantara



This series of three informative guides by one of our best-selling authors introduces the historical and archetypal figures from within the Tibetan Buddhist tradition. Each book focuses on a different set of figures and features full colour illustrations.

### *Buddhism & Death*

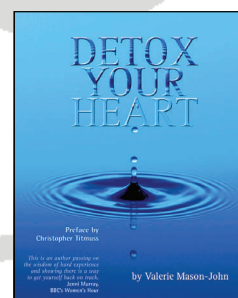


#### **There's More to Dying than Death**

By Lama Shenpen Hookham

Drawing on Tibetan Buddhism, this book presents meditation as a way to come to terms with death and explains topics such as impermanence and rebirth.

### *Buddhism & Anger*



#### **Detox Your Heart**

By Valerie Mason-John

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